



initiators



IMA cRCT

INFORMATION ON

Antiplatelet agents



A project funded by



European Research Council
Established by the European Commission

Cardiovascular disease in Catalonia



It is the leading cause of death in Catalonia

Antiplatelet treatment is very important to reduce cardiovascular risk.

Cardiovascular disease is easier to treat, and cardiovascular risk is easier to prevent, when these are detected early and the treatment recommended by the doctor is followed.

“Doing nothing” is not a good option if we want to reduce the risk of a new event.

Cardiovascular risk factors

	High cholesterol
	Diabetes
	High blood pressure
	High heart rate
	Smoking
	Stress
	Overweight or obesity
	Family history

Complementary measures

to decrease cardiovascular risk



Blood pressure control *



Avoid tobacco and alcohol *



Healthy and balanced diet *



Lose weight *



Regular exercise *

Treatment

It can vary depending on the stage at which the disease has been diagnosed and its evolution:

1

Following a healthy lifestyle is key to preventing cardiovascular events but, by itself, it does not decrease the risk of suffering a new one.

2

Treatment may vary depending on the stage at which the disease is diagnosed, and its course.

3

The doctor may prescribe one or more medications at a time, depending on the patient's characteristics.

Antiplatelet agents



Benefits



Adverse effects



Administration

Acetylsalicylic acid - ASA

✔ Decreases the risk of vascular events

★ ★ Bleeding

★ ★ Gastrointestinal disorders

⏰ On an empty stomach and at least 1 hour before eating

Clopidogrel - Alone or in combination with ASA

✔ Decreases the risk of vascular events

★ ★ Bleeding

⏰ With or without food

Triflusal

✔ Decreases the risk of vascular events

★ ★ Indigestion

★ ★ Headache

★ ★ Gastrointestinal disorders

⏰ With food

Ticagrelor - In combination with ASA

✔ Decreases the risk of vascular events

★ ★ Increases uric acid

★ ★ Bleeding

★ ★ Headache

★ ★ Gastrointestinal disorders

⏰ With or without food

Prasugrel - In combination with ASA

✔ Decreases the risk of vascular events

★ ★ Bleeding

★ ★ Anemia

⏰ With or without food

Ticlopidine

✔ Decreases the risk of vascular events

★ ★ Neutropenia

★ ★ Headache

★ ★ Increased blood cholesterol

⏰ With food (lunch and dinner)

★ ★ **Very common.** Can affect more than 1 in 10 people

★ ☆ **Common.** Can affect less than 1 in 10 people

We decide together

Are you considering an option that we have not discussed yet?

Do you agree to take a medicine?

Do you have any questions?



Follow-up

Customised plan

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Next checkup

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Want to know more?

Pharmacy

Nurse

Web page



Use the QR Code to access the website
www.iniciadores.es